How do you want to change the world?

Sustainability Guide Hohenheim

Arbeitskreis Nachhaltigkeit / Working Group Sustainability AKN

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Get involved!

How do you want to change the world? What skills do you bring to it? What are you passionate about? What are your values, and how do you want to live them?

During your studies, you can explore all these relevant questions, and build and use your professional skills to make the change happen! Also, you can find friends to envision the future together, debate, put theory into practice, and create communities of hope.

You may have heard about personal ecological footprints, a calculation of the impact of your individual resource consumption. The result shows how many planets humanity would need if everyone lived like you. It's a good start, but it neglects the positive impact our engagement has! The concept of the » Handprint « shows us what to be proud of, because it includes the positive impact your actions have in regard to sustainability. Additionally, the personal footprint leaves out what impact the structures around us have. So, let's change them together and increase our handprint!

Currently, we are facing severe challenges, and solutions are complicated, creative, fun, diverse and sometimes messy! With this guide, we make the emerging futures accessible and empower you to live into your values. You can contribute to a sustainable campus, university, student life and society! Get involved!

AKN - Working Group Sustainability

The Working Group Sustainability (Arbeitskreis Nachhaltigkeit AKN) is the umbrella organisation of sustainability activities all around the campus of Hohenheim.

We promote institutional change, green student initiatives as well as a lively campus through interactive events with topics like degrowth, green finance, sustainability in teaching, mindfulness, pub quizzes and city tours.

We are active in university politics as well as networking at and outside university. We believe universities should be inspiring places that give us the skills to address our global challenges.

Some of our big activities so far:

- > Sustainability Week https://hochschule-n-bw.de
- > First Semester Academy www.ersti-akademie-bw.de
- Sustainable Mondays (evening events)
- > Panel Discussion with the President

Join us if you want to meet other people interested in sustainability, want to promote change in Hohenheim and learn more about sustainability:

Instagram @aknunihohenheim, Signal (QR-Code) or via Mail akn@uni-hohenheim.de

Delicious Campus & Co.

Cafete (1): student-run, charity café where you can find high quality, fair-trade, organic coffee, and other drinks. Monday-Friday 10:00-16:00 at TMS. @cafete_unihohenheim

FRESH – Food Revitalisation & Eco-Gastronomic Society of Hohenheim: community garden in Schwerzstraße (19), cool events like wood pizza night, soup disco (Schnippeldisco) against food waste, module » Ethical Reflection on Food and Agriculture « and much more. @fresh_hohenheim

FoodSharing: offer fridges with free food, the one in Hohenheim is FoodFritz (5) in the AStA basement. You can also register as a foodsaver who gets to be out of date food from supermarkets.

ÖHG – Ökumenische Hochschulgemeinde: sales fairtrade products through Email. oehghohenheim@gmail.com

Fairomat: vending machines with fair snacks at the library run by AKN. (13)

Schwäbische Tafel Stuttgart: is a food bank. They collect food from supermarkets and sell it for a small fee to people affected by poverty. Location e.g. Möhringen. www.tafel-stuttgart.de

Student Groups – Get Active!

You are passionate about a topic? You want to meet new people and learn new skills? You want to implement an own project? Join the AStA, an existing student group or create a new one with 6 other people.

AStA Hohenheim (5) is our students union! They represent us and are organised in different working groups. Join e.g. the departments environment, equal opportunities and internationalisation or political education. @vs_hohenheim

Here is a Selection of Groups:

- > AKÖ Arbeitskreis Ökologischer Landbau (Working group organic agriculture): events and excursion.
 @akoekolandbau
- Bunte Wiese Stuttgart: promote biodiversity of local, native insects with events and information material.
 @buntewiese.stuttgart
- ISO International Students Organisation: organises cultural events for international students. @isohohenheim
- Kulturgruppe (1): organises cool events every Tuesday at TMS from 7pm (e.g. karaoke, poetry slams, art...).
 @kulturgruppe_hohenheim
- Re2queer: group for queer but also not queer people. It stands for tolerance and equal rights, to support each other and have fun together. @re2queer
- Nightline Hohenheim: the anonymous listening phone.
 You can call if you need someone to listen and you don't know whom to talk to. @hohenheim.nightline

Also see on the next pages:

> FRESH; Cafete; Radskeller

Other Opportunities:

- InnoGreenhouse(2): project to create and advance start-ups@innogreenhouse_hohenheim
- > ASTAF e.V.: scientific society for internationally oriented agricultural and ecosystem research. @atasf_ev

AKN Subgroups:

- > Easier bleeding / Einfacher Bluten: demands free menstrual products and engages with feminist topics
- Green List/Grüne Liste: university politics, active in student parliament and university senate to promote structural changes and represent student voices.
- Repair Cafe: looking for volunteers to run it again! Supplies available.
- What if... Lunch club: biweekly potluck lunch from AKN to discuss topics relevant for the future. Readings, podcast, poetry as input.

Mobility

Radskeller (18): you can buy or rent a bike, get it repaired or learn how to fix it yourself! It is run by students for students. @fahrradwerkstadt_hohenheim

At the bike repair station (4), you can pump and repair your bike. Alternatively, you can register to rent bikes at the RegioRad stations (3) and drop them at other locations all around Stuttgart.

JugendticketBW: a convenient public transport ticket for students up to 27 y.o., valid in BaWü from December 2023 all over Germany! www.bwegt.de/jugendticketbw

Stuttgart fährt mit: plattform for car sharing, especially if you need to come to university. https://stuttgart-faehrt-mit.de

Critical Mass: is a world wide bike movement. In Stuttgart a cycling demonstration with music takes place every first Friday of the month 6.30pm at Feuersee AKN cycling together starting at the mensa. @criticalmassstuttgart @criticalmass_s





Explore Sustainable Stuttgart!

Food & Culture

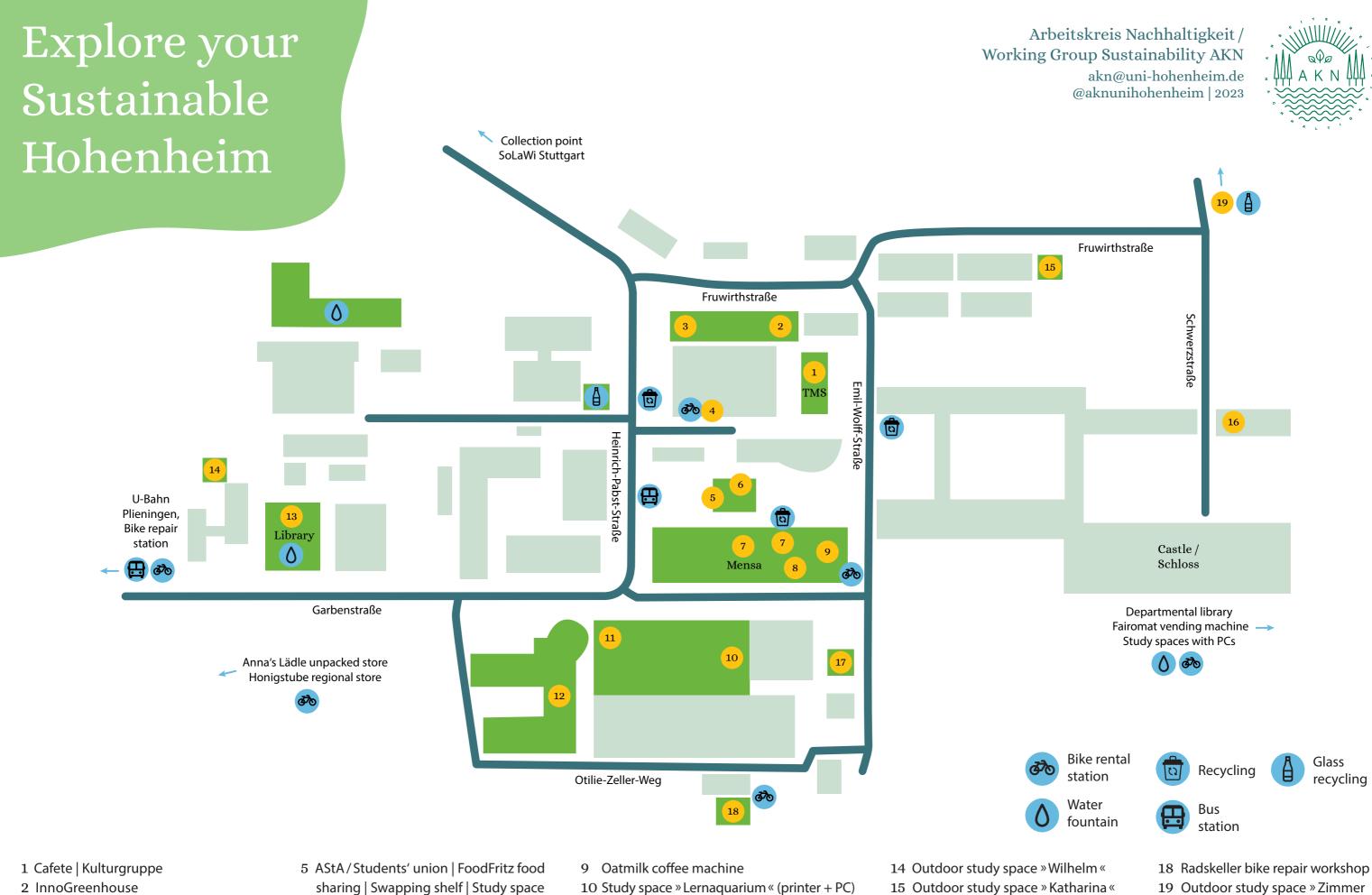
- Cafes: Weltcafe: fairtrade cafe and shop; Raupe Immersatt: foodsharing cafe; NATAN: all profits go to an NGO
- Community Supported Agriculture (CSA): SoLaWi Stuttgart; Gemüsekooperative Stuttgart e.V.; SoLaWi Großhöchberg
- Shopping: Farmers markets (www.stuttgarter-wochenmaerkte.de); Plattsalat: community-based organic shop; Alnatura: organic store (8% student discount on Tuesdays)
- > Zero-waste stores: Plieningen: Anna's Ländle; Filderstadt: Tante Filda; Möhringen: umverpackt, Stuttgart West: Schüttgut (10% student discount Tuesday and Thursday)

Second Hand & Fair Fashion

- Clothes: Teo The Fair Market Place; Glore; Future Fashion Store (Gerber); Second Dreams; Oxfam shop
- Household goods & furniture: FAIRKAUF Stuttgart centre; Second-Hand-Sozialkaufhäuser in Bad Cannstatt, Stuttgart-Wangen, Esslingen, Plochingen; Oxfam shop

Initiatives & Culture

- > BRYCKE (pop-up space, start-up café and vision hall)
- Social Impact Lab Stuttgart (start-up support)
- > Food policy council Stuttgart Region (Ernährungsrat)
- > Kulturinsel Stuttgart (food, cultural events, urban garden)
- Makerspace Uni Stuttgart (workshop, 3D printing, stitching,...)
 Wagenhallen cultural events, concerts, flee markets
- > Studio Theater Stuttgart



- 3 Lecture notes office AStA (Skriptenbüro)
- 4 24h bike repair station & storage boxes
- 7 Microwaves & free soup
- 8 Charity deposit collection

6 StuWe psychological counselling

- 11 Study space » LearnSpace « (printer + PC)
- 12 Study space
- 13 Fairomat vending machine | Study space

- 16 Battery and mobile phone recycling Lost & Found office
- 17 Equal opportunities office



- 19 Outdoor study space » Zimmer
 - im Grünen « | FRESH community garden | Crop variety garden
- 20 Green office Hohenheim